



Gundi Herget  
**And How Do YOU Sleep?**

vierfarbig illustrated by Laura Bednarski

Recommended Age: 3+

Picture Book

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**An atmospheric good night story about the sleeping habits of animals and a humorous take on our own.**

Night monkey Notte has one burning question: How do humans sleep? When her dad has no answer, Notte sets out to question the other animals of the zoo. While they don't know either, they each show Notte their way, but she just can't imagine humans sleeping like any of them. Will someone be able to give her the answer she seeks?



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## Creative People:



**Author:** At the age of four, Gundi Herget got the impression that books with all their many pages full of black dashes, dots and whorls could be the most exciting thing on the planet. At the age of ten, she wanted to become a writer but first made her A-levels, studied in Munich and Pisa, learned to play percussions and how to be an editor, travelled the world and had a child, which reminded her of her childhood resolution. She has been writing children's books ever since.



**Illustrator:** Laura Bednarski, born in 1992, studied design and illustration at the University of Applied Sciences in Münster and Hamburg. Today, she lives and works as a freelance illustrator in the beautiful Emsland. Most often, she creates her picture and children's books while listening to a good audiobook and drinking a cup of tea. When she isn't sitting at her drawing table, she probably digs in the garden or disturbs her tomcat's beauty sleep.

