



Stephanie Gessner

Mia and the Grumpy Carrot

Ein Bilderbuch für Kinder ab 3 Jahren über den Umgang mit Gefühlen

four-colour illustrated by Olena Kvitka

Recommended Age: 3+

Picture Book

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A witty story about being overwhelmed by emotions, temper tantrums, and finding one's way to deal with them.

This morning, the whole world seems to be against Mia. First, she accidentally spills her breakfast onto her cuddly fox. Then, her big brother Henry starts teasing her. And when her Dad tells her that her favourite skirt is in the laundry and she has to wear itchy tights, it just happens – her cuddly fox suddenly looks like a grumpy carrot. There's really only one thing to do to deal with all of this: throw a temper tantrum. Can Mia find a way to make the grumpy carrot go away and calm down again?



Creative People:



Author: Stephanie Gessner grew up in a small village in Rhineland-Palatinate surrounded by meadows and woods. In her childhood, she started to collect beautiful, strange, and funny words and turned them into her own stories. Later on, she studied literature, wrote travel reports for magazines, and is now working as a copywriter, though she loves nothing better than writing novels, short stories, and picture books for children. She lives in Mainz with her family.



Illustrator: Olena Kvitka, born in the Ukraine in 1987, worked for a newspaper. After moving to the EU, she returned to what had been her favourite pastime as a child: drawing. Nowadays, she lives in Germany with her husband and son and is creating happy illustrations for children's books in her cosy atelier.

